

Limites cadres valaisans 2025-2026 (selon limites championnats suisses 2025 outdoor)								
Garçons								
	U18M		U20M		U23M		Hommes	
	2010 limites U16M CH 2025	2009 limites U18M CH 2025	2008 limites U18M CH 2025	2007 limites U20M CH 2025	2006 limites U20M CH 2025	2004-2005 limites U23M CH 2025	2003 limites U23M CH 2025	...- 2002 limites M CH 2025
80m	9.90							
100m		11.70	11.70	11.40	11.40	11.40	11.40	11.05
200m		23.70	23.70	23.30	23.30	23.10	23.10	22.30
400m		54.00	54.00	52.80	52.80	52.00	52.00	50.40
100mH	15.60							
110mH		16.00	16.00	16.70	16.70	16.50	16.50	15.80
400mH		64.50	64.50	62.00	62.00	61.00	61.00	58.00
Hauteur	1.73	1.82	1.82	1.85	1.85	1.87	1.87	1.98
Poids	12.50	13.00	13.00	12.50	12.50	12.50	12.50	13.80
Disque	37.00	37.00	37.00	36.00	36.00	36.00	36.00	42.00
Javelot	43.00	48.00	48.00	45.00	45.00	50.00	50.00	54.00
Marteau	28.00	30.00	30.00	32.00	32.00	32.00	32.00	45.00

Limites cadres valaisans 2025-2026 (selon limites championnats suisses 2025 outdoor)								
Filles								
	U18W		U20W		U23W		Femmes	
	2010 limites U16W CH 2025	2009 limites U18W CH 2025	2008 limites U18W CH 2025	2007 limites U20W CH 2025	2006 limites U20W CH 2025	2004-2005 limites U23W CH 2025	2003 limites U23W CH 2025	...- 2002 limites F CH 2025
80m	10.60							
100m		13.10	13.10	13.10	13.10	13.10	13.10	12.40
200m		27.20	27.20	27.10	27.10	27.00	27.00	25.30
400m		65.00	65.00	64.00	64.00	64.00	64.00	59.00
80mH	12.90							
100mH		16.00	16.00	16.60	16.60	16.60	16.60	15.70
400mH		76.00	76.00	74.00	74.00	74.00	74.00	67.00
Hauteur	1.56	1.60	1.60	1.60	1.60	1.60	1.60	1.70
Poids	10.90	12.00	12.00	10.60	10.60	11.00	11.00	12.80
Disque	30.00	30.00	30.00	32.00	32.00	33.00	33.00	40.50
Javelot	37.00	37.00	37.00	34.00	34.00	34.00	34.00	40.50
Marteau	22.00	23.00	23.00	23.00	23.00	25.00	25.00	42.00